

## **Product Brochure**





MD/QUA/EN51.NIPE (EN)

When Innovation beats Pain.

"Sois sage, ô ma douleur, et tiens-toi plus tranquille." BAUDELAIRE



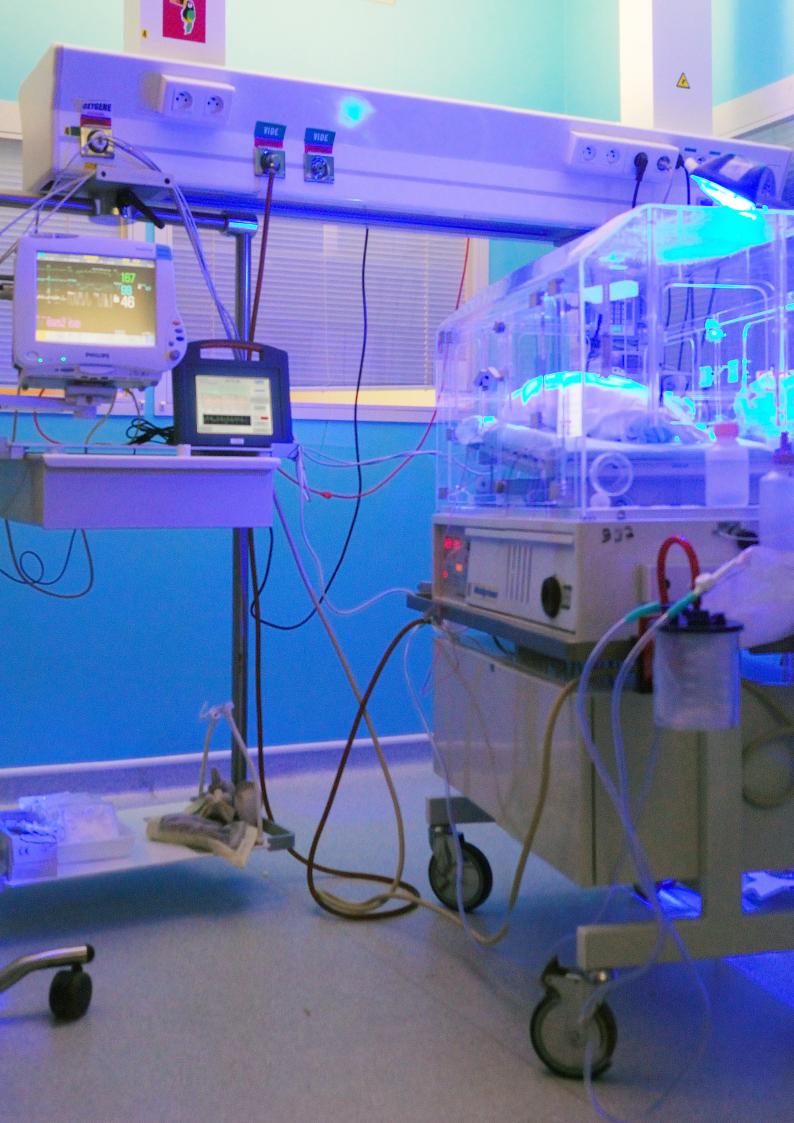
## The FIRST pain and comfort ASSESSMENT monitoring system for NEONATES.

It is estimated that a human being can feel pain starting from the 24th week of intrauterine life; there is a correlation between the age of the newborn baby and their reaction to pain. The younger the infant, the more significant the reactions in response to a painful stimulus. Similarly with repetition of painful procedures, the intensity of the response will be proportional to the number of stimulations. In general fear, anxiety or depression can increase perception of pain in adults; similarly these factors influence the neonate, who cannot understand what is happening.

The EPIPPAIN study\* showed that painful procedures are particularly common in young hospitalised children. Carbajal, Rousset, Danan, et all reported that results from 430 infants showed that an average of 16 invasive procedures per day were performed on very sick neonates, of which over 60% were determined as painful. The study also showed that the vast majority of these procedures are typically carried out without any specific analgesia.

The NIPE technology provides an objective way to assess pain and discomfort for newborn infants, allowing healthcare professionals to deliver individualised care.

\* Carbajal, Rousset, Danan, Epidemiology and treatment of painful procedures in neonates in intensive care units, JAMA 2008



## Solving the problem of behavioral rating scales...

Behavioural rating scales are not always easy to use and all can be time-consuming. Those used for prolonged pain assessment, such as the Neonatal Pain Assessment Tool (PAT), have to be repeated typically at hourly intervals. Even tools used only for checks during procedures become significant with the typical number of interventions each patient requires in a single day. The demand on nursing time to carry out pain assessments is therefore almost impossible in today's busy neonatal unit and paediatric care environments.

Whichever of the numerous pain evaluation protocols are used, the subjectivity of the assessment adds possible uncertainty, as reported by Arias & Ginsberg\*. The clinician must be able to assess what they see and disregard subjective impressions; pain scores can often vary for the same patient, as individual nurses may perceive responses differently. This inevitably makes it difficult to achieve consistency and accuracy of assessment.

The NIPEmonitor provides an index based on an electrophysiological signal and it evaluates continuously. This ensures a consistent and objective rating of acute pain and/or patient comfort, available at all times and with minimal demand on nursing time.

\* Arias, Guinsburg, Differences between uni-and multidimensional scales for assessing pain in term newborn infants at the bedside, Clinics 2012

# Importance of the parasympathetic tone for newborns babies and young infants.

The NIPE monitor enables an objective and continuous assessment of the parasympathetic component of the autonomic nervous system in babies and young infants. The unique technology has efficacy proven to work with extremely premature babies from around 26 weeks gestation through to infants up to two years of age and is based on the electrocardiogram taken from the patient monitor in use. The level of parasympathetic tone is correlated to the infant's discomfort or wellbeing, giving an objective measure.

It is particularly important to evaluate the activity of the parasympathetic nervous system of pre-term babies as it is now well documented that whatever the degree of prematurity there is a large deficit in autonomic regulation capacity compared to that of full-term babies\*.

In premature infants there are two possible explanations for the functional deficit of their autonomic nervous system. One is a deficiency in maternal neurotropic factors not compensated by nutrition. The other is stress induced by hospitalisation, which includes factors such as invasive and often painful procedures or other stimuli.

Numerous developmental care studies have shown that premature infants are particularly sensitive to stress. Situations that cause pain or discomfort can impact the neurodevelopment of the baby and can have long-term health consequences, with an increased risk of developing cardiovascular and metabolic diseases such as hypertension, diabetes, and obesity\*\*. They may also have cognitive influences that could lead to later depressive or addictive behaviour.

\*Patural, Autonomic cardiac control of very preterm newborns: a prolonged dysfunction, Early human development 2012 \*\* Developmental Origins of Health and Disease

## Why use the NIPE technology?

### • Continuous and non-invasive measurement

No additional sensors required and real-time analysis.

## • Easy to interpret

A simple digital scale - the higher the index, the more comfortable the patient. Dual indexes: averaged value (NIPEm) for chronic or prolonged pain and instantaneous reading (NIPEi) for acute pain.

### • Evaluation of comfort and discomfort with NIPEm

Monitoring with NIPEm allows nursing staff to observe the impact of environmental conditions such as noise, light, positioning, choice of face-mask, etc. and optimise for the individual patient. (Kuissi 2009, JFRN - Rethore 2011, JFRN)

The positive influences generated by developmental care activities such as parental contact, cocooning, kangaroo care, etc. can be quantified, reinforcing the benefits and encouraging family centred care. (Alexandre 2013, Arch Pediatr - Blouin 2014, JFRN)

## • Evaluation of prolonged pain with NIPEm

The treatment before and during a potentially painful or stressful procedure in the NICU, including medication, can be adapted by monitoring the NIPEi index.

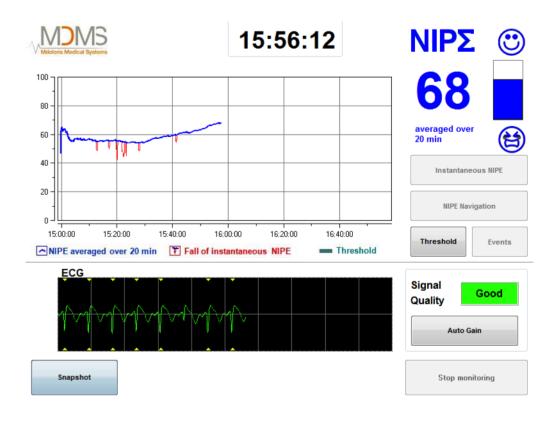
The system can also be used to adapt analgesia protocols to the individual patient's needs intraoperatively, to avoid the risk of over or under dosage and associated side effects. (Faye 2010, Clin J Pain - De Jonckheere 2011, Conf Proc IEEE Eng Med Biol Soc - Rakza 2011, JFRN - Blouin 2014, JFRN)

## • Evaluation of acute pain with NIPEi

Used to adapt pain-relief (with or without drugs) before a potentially painful and/or stressful procedure in the NICU.

Used to personalize the administration of pain killers during surgery in order to avoid over and under dosage and their side effects.

## How to interpret the indexes?



## The NIPEm

## The NIPEi

The averaged index, NIPEm, is displayed in blue at the right top of the screen with corresponding blue trend curve plotted graphically. This index correlates to the overall wellbeing and chronic or prolonged pain of the infant.

The goal is to maintain the NIPEm value above 50; research and experience indicates that below this threshold the patient can be considered to be uncomfortable or in pain. Treatment protocols and environmental factors should be adapted to ensure the trend curve is maintained or returned above the target level.

The instantaneous pain value, NIPEi, is represented by the red spikes on the trend display. This is used to assess acute pain during a potentially painful or stressful procedure. The user can select display of the instantaneous digital reading instead of the averaged value at top right of the screen if required. This index will highlight pain induced by procedures and allow the clinical team to adapt care accordingly.

The interpretation remains the same as with the NIPEm; if the index falls below 50 then staff can immediately conclude that the current situation is painful or stressful for the patient.

## NIPE Technical specifications



No additional sensors are required.

#### General

Parameter	Specification
Power Requirements	100-250 VAC through AC power adapter
Main Frequency	50Hz
AC Power consumption	49W
DC Input	12V+/- 5% 60W

#### Environmental

Parameter	Specification
Cooling Method	Convection. Fan Iess
<b>Temperature</b> Operating Storage	5°C to 35°C -20°C to 60°C
<b>Relative Humidity</b> Operating Storage	>15% and <95% non-condensing >15% and <95% non-condensing
<b>Altitude</b> Operating Storage	480 hPa to 1066 hPa 480 hPa to 1066 hPa
<b>Dimensions</b> Monitor (with collet fixture)	27(width) × 24,7(height) × 14,5(depth)cm
<b>Weight</b> Monitor (with collet fixture)	I,83kg

## Display

Parameter	Specification
Туре	Color Liquid Crystal
Size	200 mm (8 inches)
Resolution	800 x 600 pixels
Active Viewing Area	173 x 130 mm
Pixel pitch	0.216 x 0.217 mm

## Output

Parameter	Specification
Export Protocol	UART interface
Data Export	USB interface

#### Connectors

Parameter	Specification
AC Input (monitor)	Jack DC 3-pin power connector
Export (monitor)	Sub-D9 connector to export data in real time
Data Export (Monitor)	USB connector to export data and snapshot to USB stick
Multi parametric link	6 pin circular connector (to multiparametric scope)



Mdoloris Medical Systems Biocentre Fleming Bâtiment C 270 rue Salvador Allende 59120 LOOS - FRANCE

#### www.mdoloris.com

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